

Jason's deli

DELI MENU

Dine-In / To-Go / Curbside Pickup / Delivery

Our foods are free from: dyes, artificial trans fats and flavors, processed MSG, and high-fructose corn syrup.

MANAGER'S SPECIAL

Half Sandwich with chips or baked chips and one side; cup of soup, fruit or Mac & Cheese. Excludes Muffalettas

Substitute a Side Salad for side options above.



SPECIALTY SANDWICHES

Served with chips. 110-160 cal | Add a Side Salad.

Make one of these sandwiches into a **MANAGER'S SPECIAL**

The Carmela 680 cal

Salami, pepperoni, ham - provolone, spicy piquillo pepper relish, mayo, sourdough.

Santa Fe Chicken Sandwich® 710 cal

Grilled chicken, bacon, Swiss, guacamole, tomato, 1000 Island, multigrain wheat.

Shelley's Deli Chick 590 cal

Chicken salad with almonds and pineapple, lettuce, tomato, croissant.

Bigger Better BLT 640 cal

Bacon, lettuce, tomato, fresh-cracked egg,* mayo, avocado, multigrain wheat.

Italian Cruz Po'boy 550 cal

Ham, salami, pepperoncini, Aioli, lettuce, tomato, stone-ground mustard, Italian dressing, New Orleans French.

Ranchera Wrap 670 cal (side: 250 cal)

Grilled chicken, cheddar, jalapeños, pico de gallo, southwest spices, ranch, wheat wrap, blue corn chips and salsa.

Turkey Wrap 380 cal (sides: 60-250 cal)

Roasted turkey, tomato, field greens, guacamole, ranch, wheat wrap. One side: fresh fruit, steamed veggies, baked chips, or blue corn chips with salsa.

Smoky Jack Panini 790 cal

Little-free smoked turkey, bacon, jalapeño pepper jack, guacamole, tomato, 1000 Island, sourdough.

Chicken Panini 780 cal

Grilled chicken, provolone, pesto aioli, tomato, spinach, sourdough.

Chipotle Chicken & Avocado Panini 930 cal

Grilled chicken, avocado, lemon crema, pepper jack, chipotle aioli, pickled red onions, lettuce. Served with blue corn chips and salsa.

Amys Turkey-O 420 cal

Roasted turkey, avocado, pepper jack, red onions, tomato, lettuce, stone ground mustard, everything bun.

California Club 670 (sides: 60-250 cal)

Roasted turkey, bacon, Swiss, guacamole, tomato, field greens, mayo, croissant. One side: fresh fruit, steamed veggies, baked chips or blue corn chips with salsa.

Club Royale 690 cal

Smoked turkey, ham, bacon, Swiss, cheddar, lettuce, tomato, honey mustard, croissant.

Deli Club 780 cal

Ham, roasted turkey, bacon, cheddar, Swiss, lettuce, tomato, mayo, multigrain wheat.

It's back! Caprese Panini 770 cal

Mozzarella, spinach, roma tomato, pesto aioli, herb focaccia.

NEW! Chicken Caprese Panini 960 cal

Grilled chicken, mozzarella, spinach, roma tomato, pesto aioli, herb focaccia.



FAMOUS FAVORITES

Served with chips. 110-160 cal | Add a Side Salad.

Make one of these sandwiches into a **MANAGER'S SPECIAL**

Reuben THE Great 570-1130 cal

1/2 pound of hot corned beef or pastrami, Swiss, sauerkraut, 1000 Island, marbled rye.

New York Yankee 1070/650 cal

3/4 pound combo of hot corned beef and pastrami, Swiss, marbled rye.

Beefsteak 830/670 cal

1/2 pound of hot roast beef, provolone, mayo, New Orleans French, cup of au jus.

Wild Salmon-wich 540 cal (sides: 60-250 cal)

Wild Alaska sockeye salmon marinated in balsamic vinaigrette with guacamole, tomato, lettuce, chipotle aioli, herb focaccia. One side: fresh fruit, steamed veggies, baked chips, or blue corn chips with salsa.



MUFFALETTAS

Served with chips. 110-160 cal | Add a Side Salad.

A New Orleans original! Grilled, crusty Muffaletta bread is spread to the edges with our family-recipe olive mix with provolone melted over layers of premium meats.

Quarter Ham & Salami Muffaletta 510 cal

Quarter Roasted Turkey Breast Muffaletta 490 cal

Quarter Muffaletta Special 630-1060 cal

Served with chips and one side; cup of soup, fruit or Mac & Cheese.



BUILD YOUR OWN SANDWICH

Whole / Lighter / Half

Meats

Ham 150/80 cal

Salami 680/340 cal

Tuna Salad with Eggs 380/190 cal

Family-recipe Chicken Salad with Almonds & Pineapple 330/170 cal

Roasted Turkey Breast 150/80 cal

Smoked Turkey Breast 160/80 cal

Roast Beef 210/110 cal

Premium:

Corned Beef 360/180 cal

Pastrami 650/320 cal

Spreads

Mayo 90/45 cal

Mustard 10 cal

Stone-ground Mustard 15/10 cal

Honey Mustard 80/40 cal

Chipotle Aioli 100/50 cal

Pesto Aioli 70/35 cal

1000 Island 70/35 cal

Ranch 60/30 cal

Jalapeño Ranch 40/20 cal

Breads

Multigrain Wheat 260/130 cal

Country White 280/140 cal

Marbled Rye 230/120 cal

Toasted:

Sourdough 200/100 cal

Ancient Grain Bun 260/130 cal

Organic Wheat Wrap 180/90 cal

Herb Focaccia 210/110 cal

All-butter Croissant 270/140 cal

Everything Bun 170/90 cal

New Orleans French 220/110 cal

Telera 270/130 cal

Gluten-free 170/90 cal

Cheeses

Provolone 150/70 cal

Cheddar 180/90 cal

Swiss 160/80 cal

American 140/70 cal

Muenster 160/80 cal

Jalapeño Pepper Jack 160/80 cal

Add-ons

Avocado Slices 60/30 cal

Bacon Slices 45/25 cal

Guacamole 25/10 cal

Organic Roasted Red

Pepper Hummus 50/25 cal



2,000 calories a day is used for general nutrition advice, but calorie needs may vary. Additional nutrition information available upon request. *Tags are served medium. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may result in an increased risk for foodborne illness.

SALADS

Garden-Fresh Salad Bar

Choose from dozens of fresh, wholesome ingredients, including select organics.

Add a protein 80-190 cal
Add some soup 160-570 cal

🍴 **The Big Chef** 1050/530 cal
Ham, roasted turkey, Asiago, cheddar, grape tomatoes, olives, hard-boiled egg, salad greens, ranch.

🍴 **Mesa Chicken** 850/480 cal
Grilled chicken, salad greens, cheddar, grape tomatoes, avocado, roasted corn and black bean mix, jalapeño ranch.

🍴 **Nutty Mixed-Up** 770/430 cal
Grilled chicken, field greens, grapes, feta, cranberry-walnut mix, strawberries, balsamic vinaigrette.

🍴 **Chicken Club** 1110/570 cal
Grilled chicken, grape tomatoes, avocado, cheddar, Asiago, bacon, salad greens, ranch.

Chicken Caesar 1020/510 cal
Grilled chicken, romaine, Asiago, croutons, Caesar dressing, herb focaccia.

Substitute marinated wild salmon (260 cal) for any meat on any salad. Add 2.76



PASTAS & POTATOES

Add a Side Salad.

Penne & Meatballs 1150/750 cal

Penne, pork and beef meatballs, marinara, Asiago. Served with herb focaccia. (240/120 cal)

Chicken Alfredo 1240/750 cal

Grilled chicken, penne, Alfredo sauce, Asiago. Served with herb focaccia. (240/120 cal)

🍴 Zucchini Garden 1090/710 cal

Penne, roasted zucchini, fresco mix of roasted tomatoes, spinach, artichoke hearts, Asiago. Served with herb focaccia. (240/120 cal)

🍴 The Plain Jane® 1780/1020 cal

Cheddar, sour cream, butter, bacon, green onions.

🍴 Pollo Mexicano 1400/840 cal

Grilled chicken, cheddar, sour cream, butter, pico de gallo, Southwest spices.

🍴 Texas Style Spud® 1560/900 cal

Chopped pit-smoked BBQ beef, barbecue sauce, cheddar, butter.

🍴 The CB Ranch Potato 1760/1020 cal

Grilled chicken, ranch, cheddar, sour cream, butter, bacon, green onions.



DESSERTS

Texas Chocolate Cake 560 cal

Fresh-Baked Cookie 300-310 cal

🍴 Chewy Marshmallow Treat 230 cal

Fudge-Nut Brownie 450 cal

Strawberry Shortcake 940 cal

Classic Cheesecake 530 cal

Strawberry Cheesecake 550 cal

DRINKS

Fountain Drinks & Iced Teas 0-440 cal

Bottled Drinks

Coffee

HANDCRAFTED BOWLS

Modern Med 600 cal

Grilled chicken, quinoa, lettuce, tomatoes, olives, hummus, cucumber, feta, pita, Greek dressing.

🍴 Great Southwest 780 cal

Grilled chicken, romaine, rice, pico de gallo, roasted corn and black bean salad and guacamole, cheddar, jalapeño ranch, Southwest spices.

🍴 Ultimate BLT 780 cal

Grilled chicken, quinoa, romaine, bacon, tomato, pickled red onions, hard-boiled egg, avocado, ranch.



SOUPS

BOWLS / CUPS

🍴 Broccoli Cheese 570/430 cal

Chicken Noodle 370/280 cal

Irish Potato 550/390 cal

🍴 🍴 Tomato Basil 510/330 cal

Chicken Pot Pie 530/310 cal

Spicy Seafood Gumbo

Chili

🍴 Fire Roasted Tortilla

🍴 Soup

310/200 cal

490/360 cal

210/160 cal



KID'S MENU

For kids 12 and under.

Our foods are free from dyes, artificial trans fats and flavors, processed MSG, and high-fructose corn syrup. All Kid's meals include choice of one drink: bottled water, organic apple juice, or organic low-fat white or organic chocolate milk. 0-180 cal

J.D. Pickle Meals

🍴 Cheese Pizza 470 cal

Pepperoni Pizza 520 cal

🍴 Mac & Cheese 470 cal

Penne & Meatballs 610 cal

With pork and beef meatballs

Penne & Chicken Alfredo 620 cal

With grilled chicken.

🍴 Kid's Baked Potato 680 cal

Butter, bacon and cheddar.



Kidwich Meals

The 2 items below served with one side: organic carrots, seasonal fruit or chips. 30-150 cal

🍴 Chicken Tenders 180 cal

Breaded chicken strips. Served with ketchup.

Parents Note: If you have gluten-sensitive kids, please tell your order taker.

🍴 Grilled Cheese 580/600 cal

American cheese on multigrain wheat or country white.

Parents Note: If your kid has an egg allergy, please tell your order taker.

EARN POINTS
WITH EVERY
ORDER



🍴 Vegetarian

🍴 **Diabetic Children-Sensitive Menu Item** Jason's Deli is not a gluten-free environment. If you are gluten-sensitive, please request gluten-free preparation when you order. Please be advised that all of our foods are prepared in a commercial kitchen and that Jason's Deli cannot guarantee that cross-contact with other gluten-containing products will not occur. As a result, we cannot recommend this for persons with Celiac Disease. Our gluten-free offerings are designed for those with gluten sensitivities or those who prefer to avoid gluten for nutritional reasons. Ask for our Gluten Sensitive Menu.

NOTES: This menu and information are provided by Analytical Food Laboratories (AFL), Grand Prairie, TX (an independent testing facility contracted by Child Management, Inc. & by Jason's Deli), combined with the ingredients and allergen data from our suppliers. Jason's Deli and AFL assume no responsibility for its use and/or transfer which has not been verified by Jason's Deli. Some allergen labels to keep this information current. Factors including regional suppliers, recipe variations and others may require ingredient changes. Serving sizes as described in the nutrition information may vary due to many other factors including individually prepared and the use of differing serving containers. Limited time offers, local or regional items have not been included in our menu. For the most current nutrition, ingredient and allergen information visit our website: jasonsdeli.com

Jason's

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